

# EVERYTHING senior

## PARC PROVENCE.

The effects of Alzheimer's disease and dementia are far-reaching, touching the lives of friends and loved ones of those who are afflicted. When the time comes to consider a residential community, it's important to find one that will support and care for all involved. Because no two residential communities are alike, the decision-making process needs to be comprehensive, taking into consideration health needs, safety, environment, quality of care, and support for friends and family.

"Families of seniors in need of memory care are looking for education, support, and direction," says Kathy Aragon, administrator at Parc Provence, a premier memory care community. "Because we specialize in dementia care, we're confident we can meet the needs of our community members."

For more than 14 years, Parc Provence has been a leader in residential memory care. Its person-centered dementia program has earned the highest credentials, as has its team of professionals. In fact, staff members are pioneers in caring for those with dementia and Alzheimer's disease, and they are proud to serve families from across the country.

The care team at Parc Provence understands that every person—and every family—experiences Alzheimer's in different ways. "We specialize in personalized memory care, rather than relying on a one-size-fits-all approach," Aragon says. And because these conditions are progressive, symptoms change, requiring treatment strategies to adapt, she notes. "Parc Provence offers a continuum of care that includes assisted living, skilled nursing, and rehabilitation services. No matter the level of care required, we are able to serve our residents' needs."

After careful assessment of each resident, the team at Parc Provence designs a personalized care program. The goal is to honor current abilities and preserve dignity, offer social interaction and time for personal reflection, and provide the resident and family a comfortable, beautiful, and safe place to meet and interact. And each care plan is flexible, allowing for changes in health and symptoms.

At Parc Provence, Aragon says "personalized care means each resident can live a life of meaning." Every resident is offered opportunities for pursuing hobbies, practicing life skills, and enjoying social interactions and family gatherings. "We believe the happiest lives include work, leisure, self-care, and social relationships. Integrity comes when life feels whole, true, and satisfying."

The expert staff has completed extensive training in all aspects of dementia and Alzheimer's care. Medical director Dr. David B. Carr and associate medical director Dr. Lenise Cummings-Vaughn are leading specialists in Alzheimer's disease and geriatric medicine at Washington University

School of Medicine. They bring the latest advances in memory care, ensuring that all residents receive the best care available.

"The expertise Drs. Carr and Cummings-Vaughn bring to Parc Provence influences everything we do, from providing appropriate daily activities for residents to monitoring their nutritional needs," Aragon says. "It is important for adults with memory issues to stay active and keep their minds busy. Research shows that socialization and engagement improve brain health. We offer the kind of therapies, activities, and on-site medical care that make an effective difference in the lives of people with dementia."

Parc Provence is the top choice for those looking for the best possible care. "Our residents and their families always come first," Aragon says. "We make their comfort and care our priority. We promise to give the best of ourselves to the remarkable people we serve."

Visit Parc Provence to discover how they are leading the way in memory care. For more information, call or go online.

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